

# MY TREATMENT JOURNAL

Tracking my journey  
with OFEV<sup>®</sup>



**OFEV<sup>®</sup>**  
(nintedanib)  
capsules 150mg

**Visit [ofev.com](http://ofev.com)**

## Keep a journal of changes in your health

It only takes a few minutes each day to record important information about changes in your health. You can also record questions to ask your doctor or your Specialty Pharmacy, or topics that you would like to discuss with your Personal Care Team at OPEN DOORS®.



### My medicines

You should list all of the medicines you are taking or plan to take. Share the list with your doctor and pharmacist regularly.

## Create a record of your treatment experience

Writing in this journal and keeping a list of medicines creates a record that can help you, your caregiver, and healthcare team see how you are doing and feeling.



To request an additional journal, call the OPEN DOORS® Patient Support Program at **1-866-OPENDOOR** (1-866-673-6366).

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

Weight today \_\_\_\_\_ Weight yesterday \_\_\_\_\_



### OFEV capsules taken today

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### Changes in my health

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### Questions or personal thoughts

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**We're here  
to help  
whenever  
you need us.**

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Patient Support Program.

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**Visit [ofev.com](http://ofev.com)**

**OPENDOORS<sup>®</sup>**  
Individualized care and support for patients like you<sup>®</sup>

 **OFEV<sup>®</sup>**  
**(nintedanib)**  
capsules 150mg

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Ingelheim**